

ISSUE 01, AUTUMN 2025

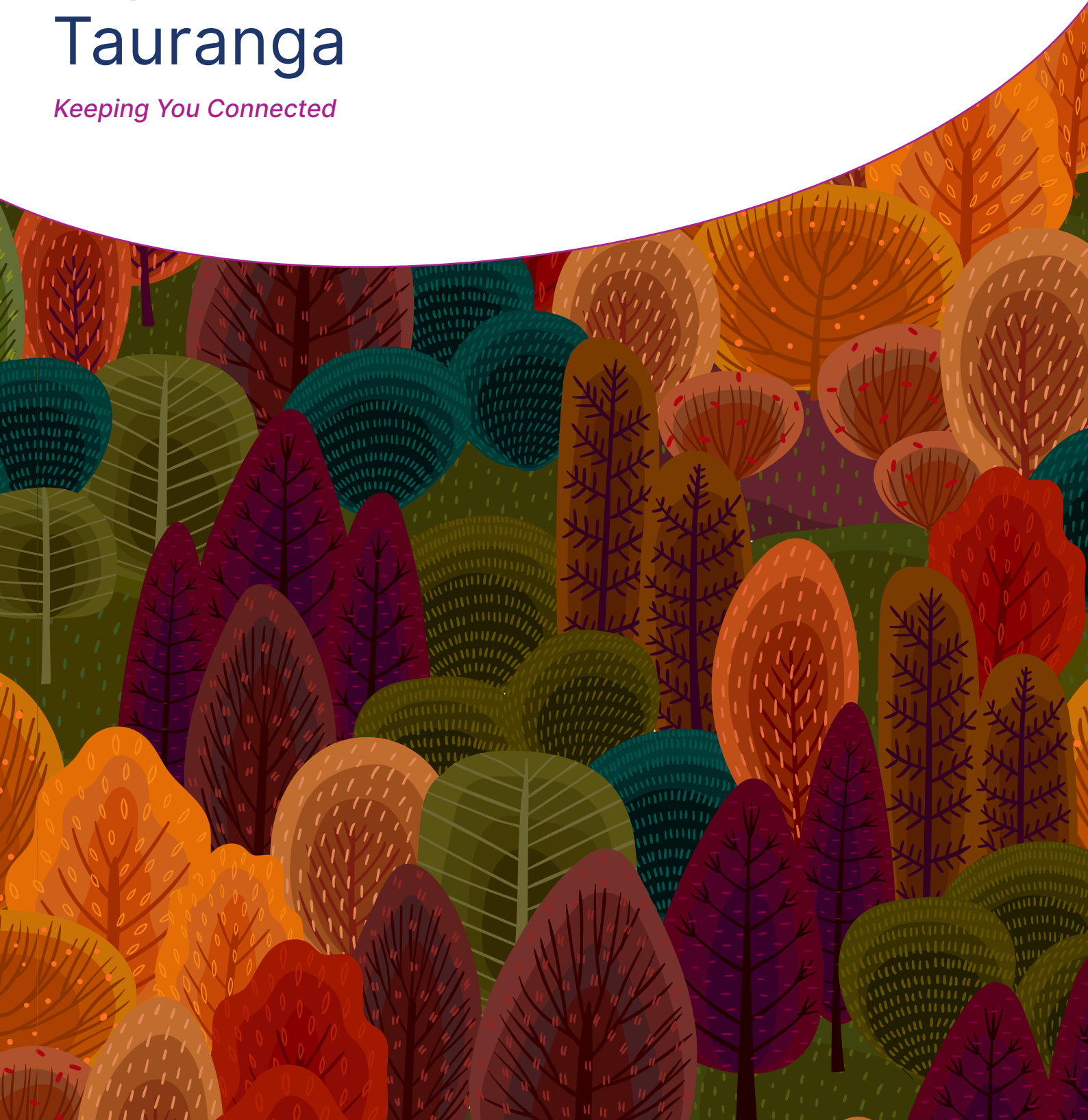


AGE
CONCERN
TAURANGA

He Manaakitanga
Kaumātua Aotearoa

Age Concern Tauranga

Keeping You Connected



www.ageconcerntauranga.org.nz

Contact Information

Phone: (07) 578 2631

Email: ageconcerntga@xtra.co.nz

Address: 177A Fraser Street, Tauranga 3112

Office Hours:

8.30am - 3.00pm Monday to Friday

Age Concern Tauranga Board

Chair: Anna Bones

Vice-Chair: Eddie Jackson

Treasurer: Eddie Jackson

Board: Angela Scott, Marilyn Shuker,
Adrienne von Tunzelmann,
Roger Goodman and Janet Jackson

Staff

General Manager: Tanya Smith

Receptionist/ Administrator: Deb Nash

Visiting Service Coordinator: Ali Hill

Staying Safe Facilitator: Ian Lee

Total Mobility Assessor: Judi Steel

Social Connection Coordinator: Nikki
Moloney

Social Activities Coordinators:

Lesley Tong (Brookfield), Doreen Prime
(Te Puke), Mary Mullany (Greerton)

The views expressed in the magazine are not necessarily those expressed of Age Concern Tauranga Region. The inclusion or exclusion of any product does not mean that Age Concern advocates or rejects its use.

We are grateful to all our funders:



Health New Zealand
Te Whatu Ora



Tauranga District
Stamp Club

Community Support:

Our team has a wide knowledge of government and community services and are able to respond to enquiries on a number of subjects.

Age Concern Visiting Service:

Our Visitor Service provides companionship to people over 65 who are lonely/ socially isolated and would like a regular visit from a friendly volunteer. We aim to match people with volunteers who live in the same area and have similar interests.

If you're feeling lonely/ socially isolated or if you know someone who would like a visitor, phone our office to speak to our Visiting Service Coordinator.

Staying Safe Refresher Course for Older Drivers:

Staying Safe is a free classroom-based refresher workshop for senior road users. Age Concern delivers this programme in partnership with NZ Transport Agency Waka Kotahi. The workshop aims to maintain and improve safe driving practices and increase the knowledge of other transport options available to help senior road users remain safely mobile. Please call the office for upcoming course dates.

Total Mobility Scheme:

We are an assessing agency for the Bay of Plenty Regional Council to access subsidised taxi fares. An assessment fee applies.

Steady As You Go Exercise Classes:

Steady As You Go exercise classes are designed to improve strength and balance and help prevent a fall. Classes consist of a combination of sitting, standing, and walking exercises. Small fee applies. Please call the office for available classes in your area.

Ageing Well:

We deliver a range of programmes and activities that are fun and social. Workshops provide practical knowledge on topics such as health and wellbeing, legal matters, modern technology, and safe driving.

What's on..

Wednesday Walking Group

– Key Dates meet at 10am unless advised

5 March 2025:	BMX Track, Cambridge Road
12 March 2025:	Briscoes, Chapel Street
19 March 2025:	Carmichael Reserve (off Carmichael Road)
26 March 2025:	Kulim Park, Bureta
2 April 2025:	Sulphur Point (carpark by yacht club)
9 April 2025:	Fergusson Park
16 April 2025:	Briscoes, Chapel Street
23 April 2025:	Carmichael Reserve (off Carmichael Road)
30 April 2025:	Kulim Park, Bureta
7 May 2025:	Sulphur Point (carpark by yacht club)
14 May 2025:	BMX Track, Cambridge Road
21 May 2025:	Briscoes, Chapel Street
28 May 2025:	Carmichael Reserve (off Carmichael Road)

500 Card Group – Mondays except public holidays

Come along and learn with a friendly group from 9.30am to 11.30am, held at our office. Gold coin donation. Light refreshments provided. All welcome.

Monthly Meetings – March – May 2025

Thursday 27 March 2025

Venue: Tauranga Citizens Club, 13th Avenue, upstairs. \$4pp, refreshments provided.

Start: 10am – 11am

Speaker: Faye Philp, Alzheimer's Society

Topic: What dementia is, warning signs and risk reduction

Thursday 24 April 2025

Venue: Tauranga Citizens Club, 13th Avenue, upstairs. \$4pp, refreshments provided.

Start: 10am – 11am

Speaker: Alec Cummings, Resonate Health

Topic: All things ear and hearing health

Thursday 29 May 2025

Venue: Tauranga Citizens Club, 13th Avenue, upstairs. \$4pp, refreshments provided.

Start: 10am – 11am

Speaker: NZ Police, Constable Leanne Fairbairn

Topic: Keeping safe as an older person

Coffee and Conversation

Do you like having someone to chat with over a relaxing cuppa? Then come and join our Coffee and Conversation group to meet others who are friendly and like-minded.

Brookfield – 1st Wednesday of each month, 10.30am to 12pm

Wednesday 5 March, 2 April and 7 May.
St Stephen's Methodist Church Hall,
9 Brookfield Terrace, Brookfield \$3pp

Greerton – 2nd Thursday of each month, 10.30am to 12pm

Thursday 13 March, 10 April and 8 May.
Greerton Senior Citizens Hall, 33 Maitland Street, Greerton \$3pp

Te Puke – 2nd Tuesday of each month, 10am – 11.30am

Tuesday 11 March, 8 April and 13 May.
Citizens RSA Te Puke, 179 Jellicoe Street, Te Puke \$5pp

Mini Bus Adventure

Saturday 12 April 2025

The Sterling – Waihi

\$20 plus lunch at own cost.

Phone the office to reserve your seat.

Saturday 24 May 2025

The Olde Forge Kitchen – Te Aroha

\$20 plus lunch at own cost.

Phone the office to reserve your seat.

Please note:

- Keep hydrated – take a bottle of water and medications if required.
- Make it easier for the driver; please wait outside by your letterbox.

All pickup times are approximate. Minibus trips are subject to the availability of a volunteer driver and assistant.

Digital Learning

Tu Mai Digital

We are excited to bring this initiative to Age Concern Tauranga's office. The digital landscape is changing every day and for those who do not have basic digital literacy skills, the gap is widening. From being able to book appointments to online banking, staying in touch with friends and family and communicating with government organisations.

Tu Mai Digital offers **FREE** training in the basic use of smart devices and devices and internet connectivity for those who can't afford it.

Some topics covered:

- Basic introduction to your device
- Using Apps and programs
- Online banking

- Online shopping
- Online health
- Communicating with friends and family
- Using social media
- Managing digital photos
- Managing passwords
- Scams and phishing
- Disinformation and fake news

To register phone our office 578 2631 and we will help complete the training questionnaire and arrange your digital learning with Tu Mai Digital.



Rates Rebate

Rates rebate for low income

A rates rebate is a reduction to annual rates for people that own a property.

The amount of the rebate depends on your income, how much you pay in rates, and the number of dependents you have. Your income is based on the tax year ending 31 March and includes your spouse's income. You can make one application per household.

The maximum rebate is \$790.00.

If you qualify for a rates rebate, this will be applied to your rates account. You must pay the remaining instalment balances by the due date. If you have paid your annual rates in full for the current year, you can request a refund of your rates rebate.

Retirement villages

Residents of retirement villages can also

apply for a rates rebate. If you live in a retirement village, your village manager must complete and sign a declaration form.

Deceased person

Estates of deceased persons may be granted rebates where the deceased person met the normal criteria but died within the current rating year.

The executor/administrator of the estate must be able to complete the application form's declaration, confirming that all the information is true and correct.

A copy of the probate (for an executor) or letter of administration (for an administrator) must be included with the application.

If you require assistance your local Library is there to help you or phone Tauranga City Council on 577 7000

The 2024/2025 **Rates Rebate applications close on 30 June 2025.**

Assistance with Dental and Funeral Costs

Dental treatment

If you're on a low income or benefit, Work and Income may be able to help you pay for immediate and essential dental treatment.

Immediate and essential dental treatment includes treatment such as fillings and extractions, but not periodic cleaning or check-ups.

You can apply for up to \$1,000 a year (any 52-week period), to help with immediate and essential dental treatment. You don't have to pay this back.

Work and Income may still be able to help if the cost of your dental treatment is more than \$1,000. You may need to pay some of this back, depending on your situation. Talk to them about how they can help.

You don't have to be on a benefit to qualify.

For more detailed information go to www.workandincome.govt.nz/eligibility/health-and-disability/dental-treatment.html or phone 0800 559 009

Funeral Grant

Funeral costs can add to the stress of what is a difficult time for friends and families after the death of a loved one.

However, you may be eligible for financial assistance from Work and Income

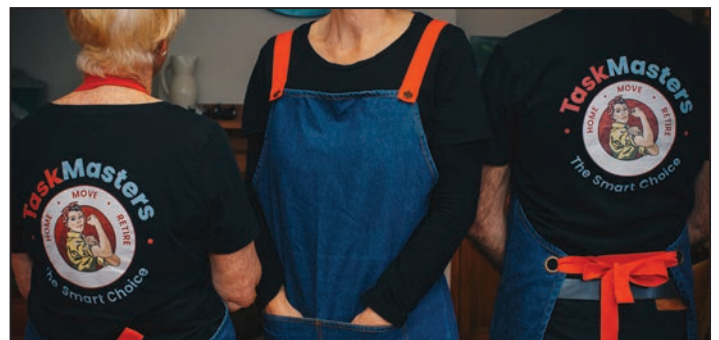
A Funeral Grant can help with essential funeral expenses, which are:

- professional services for preparing the body for cremation or burial (for example, embalming)
- the cost of a casket
- newspaper notice costs
- hearse fees
- compulsory fees for buying a burial plot
- cremation fees.

You don't have to pay back a Funeral Grant if all the criteria are met.

If the person who died is your partner or child your income needs to be under a certain limit.

For more information go to www.workandincome.govt.nz/products/a-z-benefits/funeral-grant.html or phone 0800 559 009



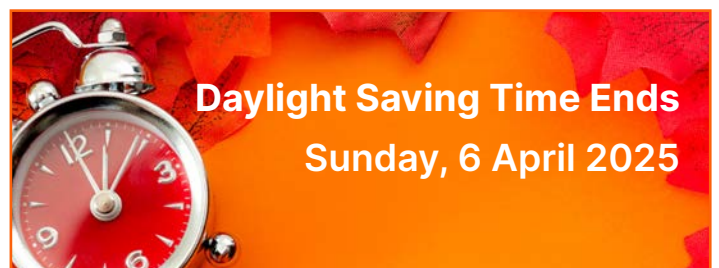
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Age Concern Tauranga

Setting up a Safer Walking Profile



If you, or a person you know is at risk of going missing when walking, then an initiative managed by Land Search & Rescue New Zealand | Rapa Taiwhenua can help if the Police become involved.

The Safer Walking Profile is a risk reduction tool designed for anyone who is at risk of going missing, including those with dementia or autism.

Making a profile will involve completing a Safer Walking form which asks you for

information about the person at risk that can be given to the Police at the time the person is reported missing.

It should be stored securely, in accordance with data protection laws, but where you can find it quickly.

You can learn more about it <https://wandersearchnz.org.nz/safer-walking/safer-walking-profile/>

Land Search & Rescue has also established WanderSearch, to assist with finding people at risk of going missing. This is a small, robust radio-frequency signal transmitter.

If the person wearing a WanderSearch device does go missing, they can be easily located by trained Police or Land Search & Rescue volunteers using specialist equipment to detect the individual specific radio-frequency number of the device.

For more information go to www.wandersearchnz.org.nz.

Sourced: Office for Seniors



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Free Staying Safe refresher course for older drivers



The Staying Safe Course is a theory-based refresher course for seniors facilitated by local Age Concerns.

During the course participants will re-familiarise themselves with traffic rules and safe driving practices as well as increase their knowledge about other transport options available to help keep them mobile for as long as possible, whether behind the wheel or when they stop driving.

We want to keep our seniors in New Zealand safe and connected, so if you are interested in doing the driving course, please phone the office and we will book you in, 07 578 2631. Alternatively, if you have already put your name down for the course.

We will be in contact soon!



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Cars • Vans • Mobility Vehicles

Need assistance?

Ask about our Total Mobility Vehicles

Planning a day out or attending an event?

Set fares and personalised travel available

Advance bookings recommended - ph. (07) 577 5565

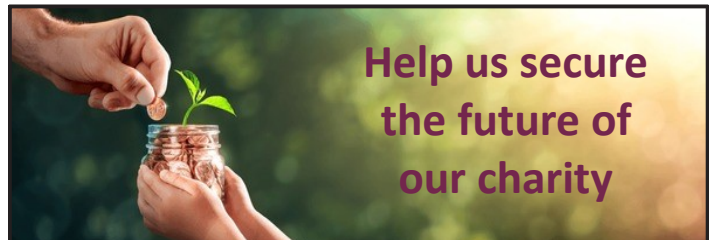
0800 829 477 or (07) 578 6086



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**Help us secure
the future of
our charity**

We've teamed up with the **Acorn Foundation** to create a perpetual Endowment fund so that we can have a bigger impact in our community.

The investment returns generated by this fund will provide an annual income stream for Age Concern Tauranga — **forever!**

You can help us grow our Acorn Fund by leaving us a gift in your will,
or donate to our fund today at:

acornfoundation.org.nz/give/donate





YOUR MEMBERSHIP MATTERS

2025 / 2026 Subscription

Age Concern Tauranga's
Membership period is from
1st April 2025 to 31st March 2026.

To renew your membership or join as a
new member, complete the Membership
Application, and post to the address
provided, email the form or
call into the office.

Thank you for your support and
welcome to our new members.

FORM OF BEQUEST

Take or send to your Legal Advisor
for incorporation in your Will.

"I give and bequeath the sum of

\$_____ (or)

_____ % of my estate,
(or) residue of my estate, (or) property
or assets as follows:

free of all charges, to Age Concern Tauranga.
The official receipt of the General Manager or
other authorised officer of the Board shall be a
sufficient discharge to my executors".

Age Concern Tauranga Membership Form

**Please forward your subscription with this
form to:** Age Concern Tauranga, 177a Fraser
St, Tauranga 3112.

Age Concern Tauranga is a registered
charitable entity (CC25758) and appreciates
the generosity of the community by way
of subscriptions, donations and legacies.
Donations are tax deductible over \$5.00.

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☐ European (incl British) ☐ Pacifika

☐ Other.....

Subscription per household \$25.00

(1st April to 31st March)

Donation: \$5 / \$10 / \$20 / \$30 / \$40 / \$50

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Surname & Initial).

**Donations help us to continue to promote the
welfare of older people in Tauranga and are
welcomed.**

Thank you for your support