

ISSUE 02, WINTER 2026



**AGE**  
**CONCERN**  
**TAURANGA**

He Manaakitanga  
Kaumātua Aotearoa

# Age Concern Tauranga

*Keeping You Connected*



[www.ageconcerntauranga.org.nz](http://www.ageconcerntauranga.org.nz)



# SUSSEX PARK

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## Contact Information

**Phone:** (07) 578 2631

**Email:** ageconcerntga@xtra.co.nz

**Address:** 177A Fraser Street, Tauranga 3112

### Office Hours:

8.30am - 3.00pm Monday to Friday

## Age Concern Tauranga Board

**Chair:** Anna Bones

**Vice-Chair:** Eddie Jackson

**Treasurer:** Eddie Jackson

**Board:** Angela Scott, Meryl Shuker, Adrienne von Tunzelmann and Roger Goodman, Liz Spellacy

## Staff

**General Manager:** Tanya Smith

**Receptionist/ Administrator:** Deb Nash

**Visiting Service Coordinator:** Ali Hill

**Staying Safe Facilitator:** Jackie Ruebe

**Total Mobility Assessor:** Judi Steel

**Social Connection Coordinator:** Nikki Moloney

**Social Activities Coordinators:**

Lesley Tong (Brookfield), Doreen Prime (Te Puke), Mary Mullany (Greerton)

*The views expressed in the magazine are not necessarily those expressed of Age Concern Tauranga Region. The inclusion or exclusion of any product does not mean that Age Concern advocates or rejects its use.*

## We are grateful to all our funders:



Health New Zealand  
Te Whatu Ora



Tauranga District  
Stamp Club

## Community Support:

Our team has a wide knowledge of government and community services and are able to respond to enquiries on a number of subjects.

## Age Concern Visiting Service:

Our Visitor Service provides companionship to people over 65 who are lonely/ socially isolated and would like a regular visit from a friendly volunteer. We aim to match people with volunteers who live in the same area and have similar interests.

If you're feeling lonely/ socially isolated or if you know someone who would like a visitor, phone our office to speak to our Visiting Service Coordinator.

## Staying Safe Refresher Course for Older Drivers:

Staying Safe is a free classroom-based refresher workshop for senior road users. Age Concern delivers this programme in partnership with NZ Transport Agency Waka Kotahi. The workshop aims to maintain and improve safe driving practices and increase the knowledge of other transport options available to help senior road users remain safely mobile. Please call the office for upcoming course dates.

## Total Mobility Scheme:

We are an assessing agency for the Bay of Plenty Regional Council to access subsidised taxi fares. An assessment fee applies.

## Steady As You Go Exercise Classes:

Steady As You Go exercise classes are designed to improve strength and balance and help prevent a fall. Classes consist of a combination of sitting, standing, and walking exercises. Small fee applies. Please call the office for available classes in your area.

## Ageing Well:

We deliver a range of programmes and activities that are fun and social. Workshops provide practical knowledge on topics such as health and wellbeing, legal matters, modern technology, and safe driving.

# What's on..

## **Wednesday Walking Group**

**– Key Dates meet at 10am unless advised**

3 June 2026	Pacific Avenue (by the toilets), Mount Maunganui
10 June 2026	McFetridge Lane, Ohauiti
17 June 2026	Wylie Street (bottom of street), Greerton
24 June 2026	Chester Street, Judea
1 July 2026	Papamoa Plaza, Gravatt Road (by the bus stop)
8 July 2026	End of Sterling Gate Drive, Bethlehem
15 July 2026	Bosco Café Carpark, 1 Caslani Lane (The Lakes), Pyes Pa
22 July 2026	Carmichael Reserve (off Carmichael Road)
29 July 2026	Waipuna Park, Welcome Bay
5 August 2026	Bayfair carpark, Farm Street, Mount Maunganui
12 August 2026	End of Sterling Gate Drive, Bethlehem
19 August 2026	Sunny Bay Road, Matua
26 August 2026	Sulphur Point (carpark by yacht club)

## **500 Card Group – Mondays except public holidays**

Come along and learn with a friendly group from 9.30am to 11.30am, held at our office. Gold coin donation. Light refreshments provided. All welcome.

## **Monthly Meetings – June - August 2026** **Thursday 25 June 2026**

### **AGE CONCERN TAURANGA ANNUAL GENERAL MEETING**

**Venue:** St Stephens Methodist Church, 9 Brookfield Terrace, Brookfield, Tauranga.  
\$4pp, refreshments provided.

**Start:** 10am – 11.50am

**Speaker:** Councillor Marten Rozeboom, Tauranga City Council

**Topic:** Update on the Te Papa development

**RSVP:** To the office 578 2631 by Monday 22 June 2pm.

## **Thursday 30 July 2026**

**Venue:** Greerton Gardens Retirement Village, 45 Greerton Road, Greerton.

\$4pp, refreshments provided.

**Start:** 10am – 11am

**Speaker:** Bernie Marsom, Rawleighs

**Topic:** The history of Rawleighs and products

## **Thursday 27 August 2026**

**Venue:** Greerton Gardens Retirement Village, 45 Greerton Road, Greerton.

\$4pp, refreshments provided.

**Start:** 10am – 11am

**Speaker:** Gary Darkes, Independent Living

**Topic:** Scooter Safety – Your Guide to Safe, confident mobility

## **Coffee and Conversation**

Do you like having someone to chat with over a relaxing cuppa? Then come and join our Coffee and Conversation group to meet others who are friendly and like-minded.

## **Brookfield – 1st Wednesday of each month, 10.30am – 12pm**

Wednesday 3 June, 1 July and 5 August. St Stephen's Methodist Church Hall, 9 Brookfield Terrace, Brookfield \$3pp

## **Greerton – 2nd Thursday of each month, 10.30am – 12pm**

Thursday 11 June, 9 July and 13 August. Greerton Senior Citizens Hall, 33 Maitland Street, Greerton \$3pp

## **Te Puke – 2nd Tuesday of each month, 10am – 11.30am**

Tuesday 9 June, 14 July and 11 August. Citizens RSA Te Puke, 179 Jellicoe Street, Te Puke \$5pp

## **Mini Bus Adventure**

### **Saturday 20th June 2026**

Waihi Beach RSA

\$25 plus lunch at own cost.

Phone the office to reserve your seat.

### **Saturday 18th July 2026**

Décor Garden Centre, Bethlehem

\$10 plus lunch at own cost.

Phone the office to reserve your seat.

### **Saturday 15th August 2026**

Café Nineteen, Fairview Golf & Country Club

\$20 plus lunch at own cost.

Phone the office to reserve your seat.

# Age Concern New Zealand

Karen Billings-Jensen, Chief Executive



*Now in our 54th year as one of New Zealand's trusted charities, I reflect on the impact our Age Concern network across Aotearoa New Zealand continues to make for our older people.*

just a few, reinforce something we hear from people all the time – that lasting solutions are needed so everyone can age well, no matter where they live.

Thank you for being part of your local Age Concern community, your voices and experiences continue to shape the work we do.

Statistics NZ predicts that there will be over 1 million people aged over 65 in just three years (2029), and the demand on Age Concerns is certainly reflecting that increase, with waitlists for Steady as You Go® classes in many regions and increased pressure for services to support our communities. We're raising these pressures with government, agencies, and other funders, and over the last three months talked with over 30 organisations about changes that are affecting older people now, and potentially for generations to come.

With Election 2026 coming up, we're keeping a strong focus on the issues we know matter – safe and affordable housing, keeping up with the cost of living, access to healthcare, staying socially connected, preventing elder abuse, and challenging ageism wherever it shows up.

We're also paying close attention to new research and reports that highlight the need for better long-term planning, not just quick fixes. Together, reports like the Aotearoa NZ National Forum UN Decade of Healthy Ageing Five Pledges, NZIER Business of Ageing, Age-Proofing Aotearoa, Doors to Dignity, and Koi Tū's call for a population strategy, to name

**National  
Volunteer  
Week**

**14-20  
JUNE  
2026**



*A very heartfelt thank you to our amazing, dedicated volunteers.*

*From the team at*

**Age Concern Tauranga**

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## Only A Criminal Will Ask You To Do Things On Your Computer

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📍 927 Cameron Road, Gate Pa, Tauranga 3112

Every week, millions of dollars are stolen from New Zealanders through scams. The majority of these crimes begin with a simple telephone call.

Older people are frequently targeted because scammers know they are polite, trusting, and less likely to hang up or challenge the caller.

What must now be said plainly is that the New Zealand Government has failed to deliver one clear, memorable message that would protect people from most scams. That failure has real and ongoing consequences.

The single message people need to hear is this: only a criminal will ask you to do things on your computer, tablet, or phone.

Banks, government departments, and legitimate companies will never ask you to install software, click links, move money, or help "fix a problem" while you are on the phone. That behaviour belongs exclusively to criminals.

If this one sentence were broadcast daily through television, radio, newspapers, and online advertising, people would very quickly recognise when they were speaking to a scammer.

The Government's failure to promote this simple, protective message means it is effectively complicit in the continued success of scams against vulnerable New Zealanders. When harm is predictable and preventable, silence has consequences.

Scams thrive on confusion. Clear, repeated messaging saves money, dignity, and peace of mind. One sentence, repeated often, would stop most scams overnight.

**WE COME TO YOU!**



# PERIA HOUSE

**Peria Village consists of 13 independent villas.**

Private and peaceful, with a rural outlook, residents instantly feel at home in the well-appointed one and two bedroom spacious villas. The villas provide the best of retirement living.

Why not take advantage of joining a caring community where the monthly fees take care of exterior maintenance, rates, building insurance, lawns, and security.

**Peria Village has one and two bedroom villas from \$252,000.**

This lifestyle could be yours with brick-and-tile villas available now. Enquiries are most welcome.

**PLEASE CONTACT DEBORAH AT PERIA HOUSE ON 07 3156444.**



These one-bedroom units are suitable for elderly couples or singles.

Affordable rent from

**\$340-400 per week**

Centrally located at  
43 Richard Street Opotiki

**To discuss your retirement options contact Deborah at Peria House.**



# Take the Step

You're not alone.



**Elder Abuse Awareness Week**  
15 - 22 June

## Key Trends 2024-2025

Age Concern has 14 response teams across Aotearoa New Zealand. Last year, we supported over 3,000 older New Zealanders address and stop abuse. In 69% of these cases, abuse continued for more than three months, and in 38%, abuse occurred for more than a year.

Whatever people's circumstances or community, response is a call away. New Zealanders are taking the step and seeking support, and last year 13% of our cases were reported by the people experiencing abuse and 21% from family, friends, or community groups.

### Of those who harm older people:

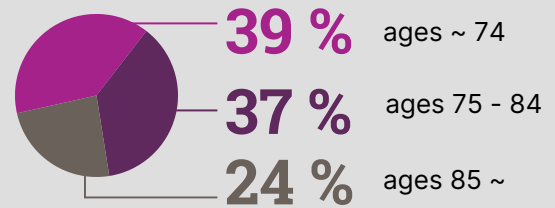
- 84%** are family members
- 49%** are adult children and their partners
- 9%** are grandchildren

There are several places to get support, and the important thing is to take the step and know you're not alone.

Last year, with Age Concerns' support these people took positive steps to change their lives.

Elder abuse and neglect are never okay, but they are preventable. Speaking up, asking for help, or checking in on someone can make a powerful difference. Whether you are an older person, a whānau/family member, friend, neighbour, or professional – take the step, you're not alone.

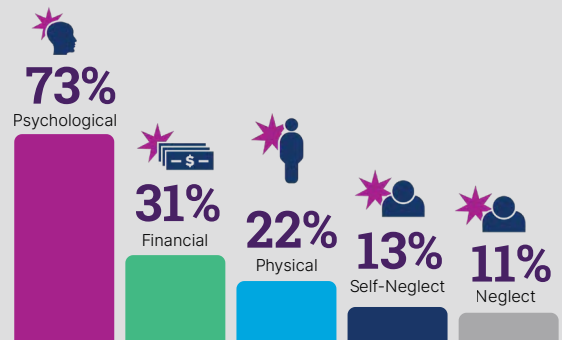
### What was their age?



### How were they living?



### How were they abused?



**Call**

Elder Abuse Response Helpline: **0800 EA NOT OK** | Age Concern: **0800 65 2 105**

# Free Staying Safe refresher course for older drivers



The Staying Safe Course is a theory-based refresher course for seniors facilitated by local Age Concerns.

During the course participants will re-familiarise themselves with traffic rules and safe driving practices as well as increase their knowledge about other transport options available to help keep them mobile for as long as possible, whether behind the wheel or when they stop driving.

We want to keep our seniors in New Zealand safe and connected, so if you are interested in doing the driving course, please phone the office and we will book you in, 07 578 2631. Alternatively, if you have already put your name down for the course.

*We will be in contact soon!*



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### Help us secure the future of our charity

We've teamed up with the **Acorn Foundation** to create a perpetual Endowment fund so that we can have a bigger impact in our community.

The investment returns generated by this fund will provide an annual income stream for Age Concern Tauranga — **forever!**

You can help us grow our Acorn Fund by leaving us a gift in your will, or donate to our fund today at:

**[acornfoundation.org.nz/give/donate](http://acornfoundation.org.nz/give/donate)**



# Are you ready for an emergency

## Whakaritea tō kāinga mō te ohotata

*Emergencies can happen anytime, anywhere. You can take steps to be prepared. When an emergency happens, civil defence and emergency services will be busy helping the people who need them most.*

It's up to you to make sure your family/whānau know what to do and that you all have what you need to get through. Follow these easy steps to get your household ready.

Talk about the impacts, work out what supplies you need. Make a plan, tailor your plan, stay informed, make your home safe.



### IN A GRAB BAG

Have grab bags ready for everyone in your family. A grab bag is a small bag with essential supplies.

Each bag should have:

- Walking shoes, warm clothes, raincoat and hat
- Water and snack food (remember babies and animals too)
- Hand sanitiser
- Portable phone charger
- Cash (coins and small notes)
- Copies of important documents and photo ID

Remember any medications you might need and keep your first aid kit, torch, radio and batteries, and any other essential supplies somewhere you can grab them in a hurry. If you have dietary or medical needs, make sure you have the food, equipment or medications you need in your grab bag too if you can. Or somewhere you can grab them quickly if you can't.

Trust your danger sense. There won't always be time for an official warning. It is important to recognise the natural warning signs and act quickly. Trust your danger sense, don't wait for an official alert.

For more information we have Civil Defence Get Ready Get Thru brochures in our office or visit the Get Ready website

[www.getready.govt.nz](http://www.getready.govt.nz)

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This Winter

# eat



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## MENU ONE

### Delivery week starting

04-08 May 2026  
08-12 June  
13-17 July  
17-21 August

**Pure NZ roast pork** with caramelised apple, roast vegetables, peas and broccoli. **\$15.50**

**Our famous meatloaf** with our own relish, roast potatoes, pumpkin and buttered cabbage. **\$15.10**

Slow cooked **beef and brandy** potato au gratin, carrots and steamed green beans. **\$15.10**

Traditional **smoked fish pie** topped with creamy mash. **\$15.10**

**Miso Chicken** (super delicious) with roasted carrot and potato chunks. **\$15.10**

**NZ beef bourginion** mashed potato, sliced carrots and green medley. **\$15.10**

**Our ever popular Chicken Lasagne.** **\$15.10**

**Asian Inspired gingered beef** and Broccoli with Rice. **\$15.10**

**Spinach, silverbeet three cheese pie.** **\$13.50**

## MENU TWO

### Delivery week starting

11-15 May  
15-19 June  
20-24 July  
24-28 August

**Pure NZ roast beef** with cauliflower cheese and roast vegetables. **\$15.50**

Traditional **pickled pork with parsley sauce**, creamy mash, carrot and buttered cabbage. **\$15.10**

Slow cooked **beef steak with red wine jus**, potato au gratin, carrots and steamed green beans. **\$15.10**

**Smoked salmon and spinach penne pasta.** **\$15.10**

**Chicken stroganoff** with steamed rice and broccoli. **\$15.10**

**Melt in your mouth' beef stew**, carrot and potato mash, buttered spinach. **\$15.10**

**Creamy boneless Dijon chicken** with pommes boulangere and broccoli florets. **\$15.10**

**Steak and kidney pie (pastry top)** carrot and potato mash, buttered spinach. **\$15.10**

**Pumpkin, spinach and chickpea coconut curry** with steamed rice. **\$13.50**

## MENU THREE

### Delivery week starting

18-22 May  
22-26 June  
27-31 July  
31 August-04 September

**NZ lamb shank** braised in red wine with creamy mash, carrot sticks, baby beans. **\$16.50**

**NZ braised pork steak**, with **creamy apple cider sauce** with mash potato and baby beans. **\$15.10**

Tender **NZ beef steak with fried onion**, creamy potato, pumpkin, broccoli. **\$15.10**

Cheesy **fish mornay** with creamy mash, carrots and peas. **\$15.10**

**Butter chicken** with steamed rice. **\$15.10**

**Beef and bacon casserole** with vegetable au gratin and steamed broccoli. **\$15.10**

**Cider chicken** with roasted carrot & potato chunks and creamed spinach. **\$15.10**

**Traditional Pork sausages**, balsamic onion gravy and bubble and squeak. **\$15.10**

**Vegetarian Shepherds pie.** **\$13.50**



## MENU FOUR

### Delivery week starting

25-29 May  
29 June-03 July  
03-07 August  
07-11 September

**Herb and butter basted roast chicken** with whole cranberry sauce, roast vegetables & peas. **\$15.50**

**Grilled ham steak** with Cumberland sauce, roasted vegetables, caramelised pineapple and spinach. **\$15.10**

**Slow cooked beef brisket**, with creamy mash, honey roasted carrots and steamed green beans. **\$15.10**

**Big favourite ... Keralan fish curry** with steamed coconut rice. **\$15.10**

**Winter chicken and vegetable pot pie with pastry top.** **\$15.10**

**Irish beef stew** with potato colcannon **\$15.10**

Retro style **pork steak with apricot.** Comes with a potato and spinach au gratin. **\$15.10**

**Beef lasagne**, premium beef mince ragu, bechamel sauce, pasta and cheese. **\$15.10**

**Creamy leek and mushroom penne pasta.** **\$13.50**

## MENU FIVE

### Delivery week starting

02-05 June (Kings Birthday)  
06-09 July (Matariki)  
10-14 August  
14-18 September

**Roast Lamb**, with pea and mint pesto, roast vegetables and creamed spinach. **\$15.70**

**Corned beef with mustard sauce**, mash potato, buttered silverbeet /cabbage and carrot. **\$15.10**

**NZ beef steak with béarnaise sauce**, sauté potatoes, pumpkin and baby beans. **\$15.10**

**Pan-fried NZ fish, lemon caper sauce**, chunky roastie potato's and stir fried vegetables. **\$15.10**

**Classic mild chicken curry** with steamed rice. **\$15.10**

**Beef and Beer casserole**, potato roasties and green beans. **\$15.10**

**Chicken coq au vin** with potato au gratin and baby beans. **\$15.10**

**Cottage pie ( NZ beef)** with a creamy mash top. **\$15.10**  
Always good **macaroni cheese.** **\$13.50**

## EXTRAS

This full range of yummy soups, desserts and home baking is available on all menus

### SOUPS \$6.50

- Chicken veg and noodle
- Roasted pumpkin soup

### PUDDINGS \$6.50

- Apple, pear and cinnamon crumble
- Rice pudding with stewed plum
- Sticky date pudding
- Blueberry sponge
- Winter berry cheesecake



### BAKING \$8.50

- Boiled sultana cake
- Carrot cake with cream cheese icing
- Chocolate caramel slice
- Ginger slice

## DAILY DEALS!

### Fresh Meal Deals

(applies only to eat fresh standard meals)

#### 6+6 Deal - \$123

6 different meals and a choice of 6 from the soup and dessert menu

#### 5+5 Deal - \$103

5 different meals and a choice of 5 from the soup and dessert menu

#### 7 meals for the price of 6 Deal

Buy 6 different meals and we will give you a vegetarian meal for FREE!

### Fresh From the Freezer

Pot Luck Boxes (excellent variety no more than two of anything)

12 meals \$150, 8 meals \$100

### Eat Tiddly

(Goldilocks sized meals, not too big, not too small but just right)

16 meals \$145

(box contents change weekly)

## TIDDLY eats

TIDDLY MEALS FOR TIDDLY EATERS



This is the dinner Goldilocks was looking for when she ventured into the kitchen of the three bears. Not too big, not too small but just right.

Our frozen variety box of delicious has 16 x 260gm meals. These are made up of eight different meals packaged as 'twin packs' so you get two of every delicious dish.

The meals are 'Potluck' and have no relation to the current week's fresh menu.

For the best and tastiest results thaw meals first.. before heating.

**EAT's Ready-to-Heat-And-Eat meals** are delivered nationwide. Just pop them in the microwave or oven for a quick and delicious chef-made dinner.

## eatPuree

THE PURE FOOD Co

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### SAMPLEPUREE MENU

Pricing from \$11.50



- Beef Bolognese with creamy broccoli and glazed carrot.
- Butter chicken with rice and peas.
- Salmon with herbed beetroot and creamy broccoli.
- Omelette with beans, spinach and baked beans.
- Devilled beef with cauliflower gratin, roast pumpkin and glazed carrots.
- Slow cooked lamb with minted peas, cauliflower gratin and roasted vegetables.
- Hickory pork with glazed carrots, cauliflower gratin and roasted vegetables.
- Creamy fish with herbed beetroot, minted peas and roast vegetables.
- Golden chicken with creamy broccoli, roast pumpkin and braised cabbage.
- Pork sausage with omelette and baked beans.

## DELIVERIES

Wellington (Set day) \$18.00

Kapiti - Pukerua Bay- Waikanae (Set day) \$18.00

Manawatu - Otaki - Palmerston (Set day) \$20.00

Wairarapa (Set day) \$20.00

Hutt Valley (Set day) \$18.00

North Island next day \$20.00

South Island next day \$35.00

Sorry - No rural delivery

• Menu only available until stock sold out

• Standard meal NOT less than 400gm

• Up size to 500gms+ for \$1.50

Payment info: Payment by debit card, credit card, or bank transfer. Bank Details: Fresh is best 2006 Limited. 030502 0575744 00



# Age Concern Visiting Service



*Pip has been a loyal, committed and dedicated volunteer, for 15 years to the Tauranga Age Concern Visiting Service. We take this opportunity to say a heartfelt **THANK YOU PIP.***

## In Pip's words...

"The time spent visiting over the years has never been onerous but a privilege to be welcomed into a person's home and become part of their life. To share a little of oneself with a lonely or isolated person for a short time each week and create a social connection is so little to give if one can do so. I was brought up during the Second World War my father dying when I was 4 and I recall how much my mother valued the help from

friends and family. It was such a struggle for her with a young family and looking back I can see that the caring community helped her through a very difficult time. Because of this I always felt that if I could help in any way to provide understanding through care and compassion then I would do so, hence my joining the Age Concern Visiting Service. I thank Age Concern for providing this service. Throughout my almost 15 years with you I cannot express enough what a vital part the service is to the elderly population and the hope that the service continues and grows from strength to strength."

Pip has some new adventures as she continues her journey; becoming involved in retirement village activities such as pétanque, lifting weights in the gym, continuing bridge and mahjong and nothing like a bit of diversity ~ she is ready with her walking poles to begin 'Nordic walking' – pretty inspiring for 87 years old!

## Digital Workshops for Seniors with Tu Mai Digital @ Age Concern office.

**Drop-in sessions:** 11am to 12noon.  
Bring your device. First in, first serve.  
Friday 12th June  
Friday 14th August

### Book in advance for below workshops.

#### Smartphones:

Friday 5th June - 10.30am to 11.30am  
Friday 12th June - 12.30pm to 1.30pm

#### Laptops: Online safety and security:

Friday 19th June - 10.30am to 11.30am

#### Laptops: Navigate firewalls, trouble shooting, general maintenance:

Friday 26th June - 10.30am to 11.30am  
Friday 3rd July - 10.30am to 11.30am

### Google suite – how to use Google sheets, docs and slides:

Friday 21st August – 10.30am to 11.30am  
Friday 28th August – 10.30am to 11.30am  
Friday 4th September – 10.30am to 11.30am



Phone our office (07) 578 2631 to secure upcoming workshops.



# Tū Mai Digital

Include · Connect · Empower



## Age Concern Tauranga Incorporated ANNUAL GENERAL MEETING NOTICE



**Thursday 25 June 2026  
10am - 10.30am**

Held at the St Stephens Methodist Church,  
9 Brookfield Terrace, Brookfield, Tauranga.

**Guest Speaker:**

**10.45am – 11.45am**

Councillor Marten Rozeboom,  
Tauranga City Council

**Topic: Update on the Te Papa development**

\$4pp - Refreshments provided prior  
to the meeting

Limited seats for the Guest Speaker

**Please RSVP to the office on 07 578 2631  
by Monday 22 June 2026**

**ALL WELCOME**

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food on the table?

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to book your  
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meeting!

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## Advertorial

# Enduring Powers of Attorney – Do I need these? Should I change mine?

**An “attorney” is someone you choose to make decisions for you, if you are unable to make decisions for yourself.**

Enduring Powers of Attorney (“EPAs”) are documents whereby you appoint an attorney to act on your behalf in the event you lose capacity to make decisions for yourself. The documents are completed while you have capacity and they “endure” any loss of capacity you may suffer.

Many lifestyle or retirement villages require you to have EPAs in force whilst you are a resident with them. If you reside in such a village you may request a copy of your EPAs from the village office.

**There are two types of attorneys you can appoint:**

1. The first is in regard to “Personal Care and Welfare”.  
The person you appoint will make decisions such as:
  - Where you live;
  - What type of medical treatment you receive.
2. The second type is “Property”. The person you appoint will make decisions regarding your finances, property and legal matters. For example:
  - They may access your bank accounts and use the funds for your benefit.
  - They can sign contracts on your behalf; such as the sale of your home and purchase of a new home; respond or initiate legal proceedings on your behalf.



If you lose capacity to make decisions, the attorney you have appointed will make these decisions for you.

If you wish to change your attorney, you must revoke the existing attorney by formal written notice. To ensure an EPA is always in place, we recommend doing this in conjunction with the appointment of a new attorney.

If you have fallen out with your chosen attorney, or you simply feel that someone else is better suited to the role, we strongly recommend your documents are updated.

Kaimai Law Bethlehem and Omokoroa has been providing detailed and pragmatic advice regarding EPAs for many years. If you wish to revoke, update, or establish EPAs – we would be happy to assist.



*Omokoroa & Bethlehem based law firm  
with professional lawyers and legal executives*

**Areas of Law - What we do:**

- Wills & Estate Planning
- Trust & Asset Management
- Conveyancing/Property
- Family Law
- Dispute Resolution
- Elder Law
- Estate Administration
- Resealing of Probates
- Commercial Law-Business Law

Please quote **Age Concern** to receive a **15% discount** on any instruction regarding your new, old, or change of EPAs!  
We look forward to helping you.

07 579 2350 | [admin@klb.co.nz](mailto:admin@klb.co.nz) | [www.klb.co.nz](http://www.klb.co.nz)

## Age Concern Tauranga Membership Form

**Please forward your subscription with this form to:** Age Concern Tauranga, 177a Fraser St, Tauranga 3112.

Age Concern Tauranga is a registered charitable entity (CC25758) and appreciates the generosity of the community by way of subscriptions, donations and legacies. Donations are tax deductible over \$5.00.

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Post Code: \_\_\_\_\_

Phone: \_\_\_\_\_

Mobile: \_\_\_\_\_

D.O.B: \_\_\_\_\_

Email: \_\_\_\_\_

- New Member  Existing Member
- Receive Magazine by email
- Pakeha (NZ European)  NZ Maori
- European (incl British)  Pacifika
- Other.....

**Subscription per household \$30.00**  
(1st April to 31st March)

**Donation:** \$5 / \$10 / \$20 / \$30 / \$40 / \$50

\$..... other **EFTPOS available. Sorry no credit cards payments accepted.**

**Receipt & membership card required**

Internet Banking: 03-0445-0172665-00 Westpac (e.g.. Particulars - Sub, Reference - Surname & Initial).

**Donations help us to continue to promote the welfare of older people in Tauranga and are welcomed.**

**Thank you for your support**

### FORM OF BEQUEST

Take or send to your Legal Advisor for incorporation in your Will.

"I give and bequeath the sum of

\$\_\_\_\_\_ (or)

\_\_\_\_\_ % of my estate,  
(or) residue of my estate, (or) property  
or assets as follows:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

free of all charges, to Age Concern Tauranga. The official receipt of the General Manager or other authorised officer of the Board shall be a sufficient discharge to my executors".



## YOUR MEMBERSHIP MATTERS

### 2026 / 2027 Subscription

Age Concern Tauranga's Membership period is from 1st April 2026 to 31st March 2027.

To renew your membership or join as a new member, complete the Membership Application, and post to the address provided, email the form or call into the office.

**Please note: 2026/2027 subscription fee has increased to \$30 per household.**

Thank you for your support and welcome to our new members.



# Cheers for the vote of confidence

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